



DINNER TWIST
LOCAL, HEALTHY, DELIVERED



PRODUCT SPOTLIGHT: PURPLE CARROTS

Purple carrots contain all the nutrients of orange carrots, but they've also been shown to have greater anti-inflammatory and anti-oxidative effects!



2. TARRAGON STEAKS WITH GRAVY

 20 Minutes

 4 Servings

Golden pan-cooked baby potatoes served with beef steaks, salad and a creamy delicious tarragon gravy.

27 April 2020

FROM YOUR BOX

BABY POTATOES	800g
BEEF RUMP STEAKS	600g
BABY COS LETTUCE	2-pack
LEBANESE CUCUMBER	1
TOMATOES	2
PURPLE CARROT	1
PHILADELPHIA CHEESE	1/2 packet (125g) *
CHICKEN STOCK	1/2 small jar *

* Ingredient also used in another recipe

FROM YOUR PANTRY

oil/butter (for cooking), salt, pepper, dried tarragon (see notes), soy sauce (optional)

KEY UTENSILS

large frypan x 2

NOTES

If you don't have dried tarragon, you can use dried rosemary or oregano instead. Soy sauce can be replaced with salt.

No beef option - beef steaks are replaced with chicken schnitzels. Increase cooking time to 4-5 minutes on each side or until cooked through.



1. BROWN THE POTATOES

Heat a large frypan with **oil/butter** over high heat. Quarter and add potatoes, cook for 5 minutes, stirring occasionally, until golden. Season with **salt and pepper**.



2. SIMMER THE POTATOES

Add **1 cup water** and simmer, covered, over medium heat for 10 minutes. Remove lid and cook for further 2-3 minutes or until water is reduced and potatoes tender.



3. COOK THE STEAKS

Heat a large frypan over medium-high heat. Rub steaks with **oil** and season with **1/2 tsp tarragon, salt and pepper**. Cook for 3 minutes on each side, or until cooked to your liking. Set aside on a plate, keep pan over medium heat, see step 5.



4. PREPARE THE SALAD

While steaks are cooking, roughly chop lettuce, slice cucumber, wedge tomatoes and ribbon carrot. Arrange in a serving bowl.



5. MAKE THE GRAVY

Dice cream cheese and add to pan with **1/2 cup water**. Cook over low heat, stirring until combined. Add another **1/2 cup water**, 2 tsp chicken stock, **2 tsp tarragon and 1-2 tsp soy sauce** (see notes). Simmer for 3-4 minutes.



6. FINISH AND PLATE

Return steaks to gravy and turn to coat (optional). Serve with potatoes, salad and gravy.